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#RawTillWhenever: Whole Foods Plant-Based Recipes For The Soul (Raw Till Whenever Recipe Books) (Volume 1)



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Synopsis

Whole plant-based foods have been instrumental in helping Hannah lose over 50lbs on a vegan diet. In this recipe book we are giving you 30 raw and cooked vegan meals that are all based around whole foods that will leave you feeling satiated and full. We also included a number of lifestyle tips that will assist you with feeling your best on a plant-based diet. Whole plant-based foods on their own can be a little boring and we hope to inspire you to create beautiful meals that you and your family love. Even skeptical children love these recipes! These are our favorite recipe recipes and we hope they become staples in your life. All of our love, Hannah & Derek

Book Information

Series: Raw Till Whenever Recipe Books

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Customer Reviews

Very easy to read. Great ideas!

After trying Hannah’s corn chowder (recipe from YouTube) I was amazed! That was delicious! So I decided I needed this cookbook. It is beautifully made and includes a ton of info in a small package. There are tons of color photos so that you can get an idea of what the food will be like, and I really appreciate that!! I never use my cookbooks that have no pictures.Another thing I appreciate about her recipes is that they typically do not use expensive "superfoods" or oddities that you have to drive to a special store to find.I really wish that the Lean and Clean plan was available in paperback form. I really want it, but I don’t want to pay for the plan and then turn around and spend double what that book costs to have it printed. That would be my only gripe, but that is not related to this particular

book.

Last night I served "Hearty Chili" over "Chipotle Chili Spiced Potatoes" to my husband and 11-yr-old daughter and they called it a "homerun". Both are fairly stingy with their praise of foods because they know I'll make it again and again if they say they like it! My 8-yr-old daughter ate the meal as well, but she decided to mash it all together - she doesn't like chunky potatoes. So you can tell your readers that the potatoes are just as good mashed (maybe even better if you're like my daughter).The photographs in this book are lovely, the layout is very well done, and Hannah's conversational style really shows through. I have thoroughly enjoyed her YouTube videos expounding the benefits of a whole foods plant based lifestyle and I largely bought this book out of a a desire to support her efforts.The only reason I gave this book 4 stars instead of 5 is because the physical quality of the printed product and the number of recipes is somewhat disappointing for the price.

I have so many vegan and raw cookbooks and it's rare I really like most of the recipes. I've had this book for a few months now and love almost all of the recipes...Just what I was looking for, it's plant based, no oils, no tofu, lots of flavorful recipes.

Good book by great people.

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